DIVISION OF STUDENT AFFAIRS AND CAMPUS DIVERSITY

SDSU Asian Pacific Islander Desi American (APIDA) Center



Read all about it!!! Check your email! Newsletter #22 is out!

If you didn't get it, don't miss out Join the APIDA Center contact list: https://bit.ly/SDSUAPIDA





Location:

2nd floor of Aztec Student Union Rooms #210A-K (Directly above Starbucks)

Hours:

Mon-Thurs 10am-8pm Friday 10am-4:30pm

connect with us!

Center Website: https://sacd.sdsu.edu/apida

Center Email: apida@sdsu.edu

Director: Dr. Loh-Hagan at vloh-hagan@sdsu.edu Coordinator: Kathleen Dang at ksdang@sdsu.edu



@sdsuapidacenter



SDSU APIDA Resource Center



Director's Message from Dr. Loh-Hagan



Celebrate Women's History Month!

March is Women's History Month! The <u>SDSU Women's Resource Center</u>, directed by <u>Elzbeth Islas</u> (pictured), is hosting a month of powerful <u>events</u> designed to empower, inspire, and enlighten. We must constantly be vigilant about combating gender-based forms of oppression. We must also work together to cultivate a future where women thrive, succeed, and lead. One of my favorite APIDA woman warriors is <u>Patsy Takemoto Mink</u>; she said, "We have to build things that we want to see accomplished...to make sure that others do not have to suffer the same discrimination."

Fun Fact: SDSU is home to the nation's very first <u>Women's Studies</u> department, which was founded in 1970. (SDSU women's studies graduates, Temperance Russell and Lori Loftin, along with Dr. Julie Shayne wrote a <u>book chapter</u> about the history of the founding of Women's Studies at SDSU.)

APIDA Center Highlights: News to Know!



APIDA Center is getting crafty!

Get crafty with us! On Monday nights in March and April, <u>Alexa Lawrence</u> in partnership with APIDA Center, <u>Allies for Education</u>, and the <u>Student Success Fee Programs</u>, will be hosting CRAFTY MONDAYS from 6-8pm at the APIDA Center. We will share the cultural history and context of the craft, give a demonstration, and provide time to be crafty.

Alexa had applied for and received a Student Success Fee grant to host this event. Last year, Allies for Education hosted a SSF-funded crafting series called "March Mindful Mondays" (coordinated by Lizzie Perl). A participant said, "While I was frustrated and feeling low, locked up indoors, crafting allowed me to explore the creative side in me." This year's crafting series builds on last year's success; in addition, we will be focusing on cultural crafts. Join us! We will provide all supplies. Each event will be limited to about 20 people, while supplies last. First come, first served!

- March 7th: Chinese and Japanese Paper-Folding
- March 14th: Japanese Knot Bag
- March 21st: Hmong Embroidery
- March 28th: Southeast Asian Indigenous Beadwork
- · April 4th: Pacific Islands Weaving
- April 11th: Indian Jute Crafts
- April 18th: Batik (Philippines, India, Indonesia, Singapore)
- April 25th: Chinese Knotting/Macrame

[Photo Caption: During COVID quarantine, Dr. Loh-Hagan became obsessed with cross-stitching. She made many ethnic samplers. The photo is a sampler of Hmong designs. Come to the March 21st event to learn how to make your own sampler!]



APIDA Center participates in PISA's High School Conference!

On February 27th, the <u>Pacific Islander Student Association</u> hosted their High School Conference. The conference theme was "<u>Lokahi: United as One.</u>" PISA hosted workshops, panels, performances, and more. A great time was had by all. <u>Kimi Lam</u>, <u>VSA</u>'s Secretary, volunteered at the event. She said, "The high school students had great energy in performing their traditional dances. It was fun to watch."

PISA graciously invited APIDA Center to be a part of the events. Mirei Kubota, Student Staff Member, represented the APIDA Center. In three panels, she talked about the APIDA Center and the importance of getting involved.

Putting on a conference is hard work. Many kudos to PISA's Executive Board, especially **Damian Pangelinan**, Academic Coordinator, and **Angie Miyashiro-Saipaia**, President. Angie said, "I loved being in community and in person. It was a great turnout. High schoolers came from near and far; we helped them learn more about the college experience. We hopefully inspired them to pursue higher education." The event was a success! Yay, PISA!

APIDA Flex Alerts!

- Jayne Yutig, Assistant Multimedia Editor for "The Daily Aztec," has been elected President of the SDSU chapter of the Society of Professional Journalists.
- SDSU <u>AAPI(phany)</u> has released their latest podcast episode entitled, <u>"What's in a Name?"</u> with special guests <u>Bianca Chau</u>, International Student Success Advisor, and <u>Niveditha Ramadoss</u>, doctoral student. <u>Listen</u> to the podcast.
- Dr. <u>Chris Mi</u>, Distinguished Professor and Chair in the Department of Electrical and Computer Engineering, is the 2022 recipient of the <u>Albert W</u>. <u>Johnson University Research Lectureship</u>. This recognition is the university's highest recognition of research and scholarship achievement.
 Dr. Mi will be giving a lecture about "<u>Wireless Power Transfer - from</u> <u>Science Fiction to Reality</u>" on March 10 from 3-6pm at the Tula Community Center.

We want to celebrate the SDSU APIDA community!

Have a flex to share?

Email us at apida@sdsu.edu.

All Things APIDA: Recommendations



Helen Ma, Commuter Student Success Coach for the Center for Commuter Life, is recommending Umaibo which means "tasty stick." Umaibo is a popular junk food snack in Japan; it is made of puffed corn and comes in unique flavors. Helen said, "It is a unique, light snack and always comes in fun packaging. It can be a little messy but that's the fun part. It's fun to share with people who don't know what it is because the crunch packs a punch. The first time I had it was when my cousin went to Japan and came back with a bunch of snacks. But now, you don't have to go to Japan to get Umaibo, you can just go to an Asian grocery store!"

Share all things APIDA (i.e., books, movies, food, restaurants, etc.). Send a picture of you with the product and your glowing review.

Email us at <u>apida@sdsu.edu</u>.

Upcoming APIDA Center Events

Chat with Smack'n Guamanian Grill

Zoom: https://SDSU.zoom.us/my/vlohhagan

Date: Monday, March 7 from 1-2pm

 $\underline{\textbf{Christian Graham}} \text{ is a SDSU alum and the owner of } \underline{\textbf{SMACK'N Guamanian Grill}},$

an island barbecue restaurant based in Miramar. In this chat, learn about being a restaurateur during COVID and incorporating culture into business ventures.

Celebrating Cultural Identity in Business

Zoom: https://SDSU.zoom.us/my/vlohhagan

Date: Monday, March 7 from 2-3pm

This workshop focuses on the benefits and challenges of including cultural identity as part of a business plan. We will discuss the fine line between cultural appreciation versus appropriation.

Crafty Mondays *NEW*

Location: APIDA Center

Dates: Mondays in March and April from 6-8pm

APIDA Center and Allies for Education with generous funding from Student

Success Fee Programs will be hosting a crafty series. Participants will learn about the culture and history of various crafts, get a demonstration, and have time to get crafty. Space is limited to about 20 participants while supplies last; first come, first served.

- March 7th: Chinese and Japanese Paper-Folding
- March 14th: Japanese Knot Bag
- March 21st: <u>Hmong Embroidery</u>
- March 28th: Southeast Asian Indigenous Beadwork
- April 4th: Pacific Islands Weaving
- April 11th: Indian Jute Crafts
- April 18th: Batik (Philippines, India, Indonesia, Singapore)
- April 25th: Chinese Knotting/Macrame

Chat with Studio S

Zoom: https://SDSU.zoom.us/my/vlohhagan

Date: Tuesday, March 8 from 1-2pm

Sonali Soni was born and raised in Calcutta, India before moving to San Diego. She is the owner of Studio S, an Art and Design studio in Scripps Ranch. In this chat, learn about choosing a creative career path and navigating a space where APIDA people are underrepresented.

Making Art into a Career

Zoom: https://SDSU.zoom.us/my/vlohhagan

Date: Tuesday, March 8 from 2-3pm

This workshop focuses on the benefits and challenges of pursuing the arts as a career for APIDA communities. We will discuss strategies for overcoming these challenges.

Chat with Social Artistry LLC

Zoom: https://SDSU.zoom.us/my/vlohhagan

Date: Wednesday, March 9 from 1-2pm

Lauren Balcita Garces is a SDSU alumna, event producer, and artist. She formed Social Artistry LLC in May 2020 and produces high-caliber detail-oriented event production, marketing strategy, media creation, and program consultations. In this chat, learn about working as a consultant and creating community-centered programming.

Writing Effective Resumes

Zoom: https://SDSU.zoom.us/my/vlohhagan

Date: Wednesday, March 9 from 2-3pm

This workshop is all about resumes! Learn tips on format, structure, and content. A solid resume will effectively share your experiences and skills. We recommend having an updated resume on hand so you can apply your knowledge in real-time! Ask questions about how to effectively represent gig culture in resumes. This workshop is co-hosted by SDSU Career Services.

Chat with Puppy Picnic Co

Zoom: https://SDSU.zoom.us/my/vlohhagan

Date: Thursday, March 10 from 1-2pm

Ciera Chang is a SDSU alumna and lifestyle influencer with a background in public relations and event planning. She is the Chief Pupnic Officer at Puppy Picnic Co., the first dog-friendly picnic company based in San Diego. In this chat, learn about creating a social media presence as an influencer and navigating new business trends during COVID.

Branding with Social Media

Zoom: https://SDSU.zoom.us/my/vlohhagan

Date: Thursday, March 10 from 2-3pm

This workshop will share the do's and don'ts of social media. Social media is now a tool to express yourself to gain career opportunities. Explore how to showcase yourself in the professional world with a solid brand. This workshop is co-hosted by SDSU Career Services.

Makers' Market

Location: Aztec Student Union Courtyard Date: Thursday, March 10 from 2-8pm

One SDSU and APIDA Center is hosting a super fun Makers' Market, where SDSU community members will sell their one-of-a-kind handmade goods. In addition, there will be performers singing original songs.

Chat with SNOICE

Zoom: https://SDSU.zoom.us/my/vlohhagan

Date: Friday, March 11 from 1-2pm

Jayrell Ringpis and Dianne Manansala, CSU alumni, opened Snoice Snow & Ice Desserts in 2015. Their dessert and boba shop is inspired by Filipino American and Asian American food culture. In this chat, learn about being multi-generational business owners and creating cultural spaces within the community.

Leveraging Internships

Zoom: https://SDSU.zoom.us/my/vlohhagan

Date: Friday, March 11 from 2-3pm

This workshop focuses on internships. Learn about what internships are, why they are important for career building, and how to find the right one. We will share a variety of online resources and networking approaches. This workshop is cohosted by <u>SDSU Career Services</u>.

Pride x APIDA SafeZones Training *NEW*

Zoom ID: 814 8545 3007

Date: Monday, March 21 from 2:15-3:30pm

This LGBTQIA+ educational training will focus on how to provide an accepting and supportive environment for lesbian, gay, bisexual, transgender, intersex, queer, and questioning students, faculty, staff, and their allies.

Student-Led Workshops & Student-Created Social Media Campaigns

Do you have expertise on a topic? Do you have a special skill? Consider sharing your knowledge with us! APIDA Center launched our Student-Led Workshops and Student-Created Social Media Campaigns. This is a great opportunity to show off your expertise and share your passion with others. It's also an opportunity to learn how to plan an event or prepare a campaign with our support. Work with an APIDA Center staff member who will serve as your project mentor. We are interested in any and all APIDA-related topics! If you are interested in participating, email us at apida@sdsu.edu.

Opportunities

- SDSU <u>VSA 1st Annual High School Conference</u> is now taking place virtually on March 5-6 from 11-2pm. <u>RSVP</u> to attend.
- SDSU <u>Center for Intercultural Relations</u> and <u>Counseling & Psychological</u>
 <u>Services</u> are hosting the Avoiding Burnout event on Wednesday, March 9 from 4-5pm. <u>RSVP</u> for the event.
- SDSU <u>Women's Resource Center</u> and <u>Undocumented Resource Center</u> are hosting the <u>Women of Color in the Workplace</u> event on Wednesday, March 9 from 4-5. <u>Join</u> the Zoom.
- SDSU <u>Hillel</u> is hosting the <u>Hillel Purim Carnival</u> on Friday, March 11 from 1-4pm at 5717 Lindo Paseo. <u>Learn</u> more.
- SDSU <u>Pride Center</u> is hosting a bi-weekly <u>White Accountability Circle</u> from 11am-12pm on Zoom (ID: 814 8545 3007).
- SDSU <u>APSA Fambam</u> has been postponed to Saturday, March 19 from 11-4pm at Crown Point Park. <u>RSVP</u> for a fam.
- SDSU <u>Student Success Fee Academic Related Programs Application</u> is opening for Spring 2022. Attend <u>informational workshops</u> to learn more. <u>Apply</u> by March 28.
- Dr. <u>Tianying Wu</u>, SDSU <u>School of Public Health</u>, is conducting a survey on healthy aging. Qualified participants must meet the following criteria and <u>enroll</u> in the study:
 - o Must be 18-65 years old
 - Must be a U.S. resident
 - Must not be suffering from HIV or Hepatitis or Tuberculosis
- SDSU <u>Economic Crisis Response Team</u> is promoting the <u>CalFresh</u> program.
 CalFresh provides monthly food benefits to low-income families and students. <u>Request</u> assistance.

Do you have an opportunity to share? Email us at apida@sdsu.edu.

Scholarships

- The <u>Semper Solaris Scholarship</u> is a \$3,000 scholarship and essay contest. Qualified applicants must be currently enrolled full-time in a college or military academy and have a 3.0 GPA or above. Applicants must answer the following question in 1,000 words: "What does further reliance on renewable energy mean for the future job market?" <u>Apply by March 9</u>.
- The <u>Shui Kuen and Allen Chin Scholarship</u> is a \$1,000 scholarship. Qualified applicants must meet the following criteria and <u>apply by March 25</u>:
 - o Must be a full-time college undergraduate
 - Must be (or have a parent who is) currently or formerly employed in an Asian-owned or Asian cuisine restaurant
 - Must participate in community advocacy and social justice work on behalf of APIDA, immigrant, LGBTQ+, and/or other progressive causes
 - Must have a 3.0 GPA or higher
 - Must demonstrate financial need
- The <u>Health Care Communicators Scholarship</u> is a \$2,000 scholarship for students who are entering the healthcare field. Qualified applicants must be high school seniors or college students presently enrolled, and in good standing in a San Diego County, Orange County, or Los Angeles County school. <u>Apply by April 1</u>.
- The <u>Matt Fong Asian Americans in Public Finance Scholarship</u> is a \$2,500 scholarship for students who are majoring in accounting, political science, public policy, business administration, economics or related fields. Two winners are selected annually. <u>Apply by April 8</u>.
- The <u>Beverley Yip Scholarship</u> is a \$2,500 scholarship for students who are
 pursuing post-secondary education toward a degree in social work, behavioral
 health, or related fields in health and human services. Two winners are
 selected annually. <u>Apply by April 15</u>.

Do you have a scholarship opportunity to share? Email us at apida@sdsu.edu.

Give to the APIDA Center and help support our programs directly! Your donation, big or small, makes a huge difference for our center!

Give to the APIDA Center!

To read past newsletters, visit the APIDA Center newsletter archive!