

DIVISION OF STUDENT AFFAIRS AND CAMPUS DIVERSITY

SDSU Asian Pacific Islander Desi American (APIDA) Center



Read all about it!!!

Check your email! Newsletter #95 is out!

If you didn't get it, don't miss out;

Join the APIDA Center contact list: <https://bit.ly/SDSUAPIDA>



Location:

2nd floor of Student Union

Rooms #210A-K (Directly above Starbucks)

Hours:
Mon-Thurs 10-8pm
Friday 10:00-4:30pm

Connect with us!



@sdsuapidacenter



SDSU APIDA
Resource Center

SA+CD

Center Website: <https://sacd.sdsu.edu/apida>

Center Email: apida@sdsu.edu

Director: Dr. Loh-Hagan at vloh-hagan@sdsu.edu

Associate Director: Matt Garcia at mhgarcia@sdsu.edu

Assistant Coordinator: Angela Subido at asubido@sdsu.edu

Director's Message from Dr. Loh-Hagan

March 22, 2024



Mid-semester blues? We're here for you!

Lots of things are happening right now. Sometimes it can be hard to balance everything. Remember to take good care of yourself and do what you can with what you have. Take time to be human. If you need help, come see us. The APIDA Center staff is here for you!

Our student staff have been working hard to support center operations, coordinate programs, and finish A-LIST social media campaigns. Last semester, A-LIST students selected and researched various topics (i.e., [The Swagapino Trend](#), [Indian Grocery Stores in the United States](#), etc.). The APIDA student staff served as project mentors and are helping to finalize these projects. Over the course of this semester, we will be posting these campaigns on our [Instagram](#). Make sure to check them out and learn a thing or two about a thing or two!

These student-led social media campaigns provide an opportunity for students to study and share a topic of interest. All students are eligible to create one - just contact us at apida@sdsu.edu.

Know APIDA History!

Make and Taste Lassi!



Date: Friday, March 22
Time : 1-2pm
Location: APIDA Center

In South Asia, Lassi is a symbol of hospitality. Learn the history of Lassi, a popular yogurt drink that originates from the Punjab region of India. Lassi possesses numerous health benefits and can be modified to suit personal tastes. Create your own refreshing & colorful lassi with spices and fresh fruit.

Culturally-Informed Yoga with Vicool



Date: Monday, March 25
Time : 5-6pm
Location: APIDA Center

Vicool Vinodchandra Patel (they/them) is the child of immigrants from India and the Philippines. They spent nearly 15 years in the corporate world, acquiring a diverse set of professional experiences ranging from operations to workplace inclusion and belonging. Now on the tail-end of a "radical sabbatical," Vicool has deepened connections with their diasporic roots through an immersion of decolonizing and re-indigenizing. Their intention is to be of service to queer and BIPOC communities by offering authentic yoga and mindfulness practices. Join us to learn about how yoga has been colonized and culturally appropriated and how we can practice mindful and culturally-informed yoga. Vicool will also lead a breathwork workshop.

Cultural Craft Night: Watercolor with us!



Date: Monday, March 25
Time : 6-8
Location: APIDA Center

Throwing colored water on friends and family is a fun Holi Festival tradition. Learn about the origins of this tradition and about the symbolism of each color. Then, watercolor with us and make colorful masterpieces!

Join Us!

March 25, 4-8pm

HOLI FESTIVAL DINNER



APIDA Center learns about Holi in San Diego!

Hinduism is not only observed in India; it is also practiced in Nepal, Bangladesh, Pakistan, Sri Lanka, and Bhutan. Holi is a Hindu festival that marks the beginning of the Spring season. This year, it is celebrated on March 25, 2024.

During this time of unity, people will gather to celebrate with music, dance, and color. Each color signifies a positive quality that Hindus want to accentuate in their lives. This holiday celebrates new beginnings. Hindus light bonfires that represent the burning of evil and the welcoming of good. Holi is popularly celebrated across South Asia; in addition, Hindus in the diaspora have established their own local traditions.

South Asians in San Diego mainly reside in Mira Mesa or Miramar. Approximately 1% (30,000+ people) in San Diego identify as Hindu. Many frequent the Shri Mandir temple. This temple is located in an ethnic enclave in Mira Mesa known as "Little India."

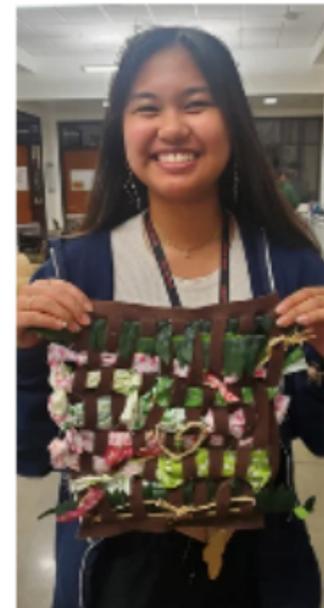
In close proximity is the well-known [Miramar Cash n Carry](#), an Indian grocery store that serves as a source of community. It is also a sponsor of the Child Rights and You (CRY) San Diego Holi 2024. This celebration will take place on March 23rd from 11-3pm at the Hourglass Field, Miramar College. CRY Holi has existed in San Diego since 2012. CRY raises funds for children's' rights in both the United States and India.

In North County San Diego, more Holi festivals will be celebrated this upcoming weekend. Poway and Escondido are also home to a flourishing Hindu community. The Gujarati Association of San Diego is hosting a Holi Festival on March 23rd starting at 10am at Kit Carson Park in Escondido. Both celebrations welcome families to engage in traditional dances and meals.

At these events, children can access Pichkari, or water guns to spread the colors of abundance, protection, and good fortune to all attendees.

Also, don't forget to join APIDA Center's [Holi Festival](#) events including a special [Holi dinner](#) at The Garden.

APIDA Center Highlights: News to Know!



APIDA Center hosts arts workshops!

This past week, the APIDA Center hosted two different arts workshops. On Monday, March 18, we learned about [weaving practices in Guam](#) as part of our Mes Chamoru celebrations; then, we made tablemats. On Wednesday, March 20, we partnered with the Latinx Resource Center and the Undocumented Resource Center to host a workshop about [paper-folding arts in Asia and Mexico](#). Then, we made origami and papel picado.



APIDA Center hosts Dr. Amy Wong!

The APIDA Center hosted our first event in our SDSU APIDA Faculty Talk Series which aims to amplify our community's work. In addition, this speaker series aims to encourage and support research and scholarship about our community.

On Wednesday, March 20, we featured Dr. [Amy Wong](#) who shared her research about Asian American college students' experience with suicide ideation. She discussed both risks and resilience. During her talk, she also shared her research approach and design. She said, "I used narrative research because it honors the tradition of storytelling by recognizing that each person has an important journey that is worth sharing." We are thankful to Dr. Wong for generously sharing her time with us. In addition, she donated a signed copy of her book, [*Stories of Survival: The Paradox of Suicide Vulnerability and Resiliency among Asian American College Students*](#).



APIDA Center hosts collaborative events!

The APIDA Center hosted several events this week. First, we hosted Food Safety Training sessions with Environmental Health and Safety. Second, we hosted a Music Festival 101 and Narcan Training with Well-Being & Health Promotion. Third, we hosted a movie night social with Asian Business Association.



APIDA Center launches NHPI Scholars program!

The APIDA Center is committed to closing equity gaps and helping students overcome barriers to graduation. We want to provide extra support to our Native Hawaiian & Pacific Islander (NHPI) students. After consulting with several NHPI students, we are launching a NHPI Scholars program which aims to serve NHPI students in a myriad of ways. SDSU students who identify as NHPI are strongly encouraged to participate. As incentives for engagement, participants will get food, graduation swag, mentoring, coaching, internships, academic support, and more. Sign up today: <https://bit.ly/NHPIScholars>. Many thanks to **Ethan Concepcion** and **Isaiah Artero** for their leadership.

Adventures of the APIDA Dog!



Dewey Hagan is a 2.5-month-old bundle of insane joy. He is too young for puppy daycare and way too irresponsible to be left on his own; as such, he has been visiting the APIDA Center and is being cared for by a village. The students have been amazing caretakers and Dewey is soaking in all the love and attention. (Like his human mother i.e., Dr. Loh-Hagan), he is a big ham!) However, there are no free rides. Dewey is doing his part and working as the APIDA ambassador - On our campus walks, he loves meeting new people and telling them about the APIDA Center. He invites folks over and he tells them to follow our instagram. (He has his own hashtags: #DeweyHagan #APIDAdog #deweyhaganfanclub) People have come to visit him specifically. They also take his picture all the time. (He loves it!) Dewey has become a local celebrity - with paparazzi, security, and the works. In fact, while on one of his walks, a student sighted him, ran over, and said, "Is that the APIDA dog?" Dewey very much loves being called the "APIDA Dog." **Hanna Sapida**, APIDA Center student assistant, also calls him the "Cow Dog" because of his unique markings. Dewey likes that too. (He thinks cows are cool.) Like celebrities, you'll never know when Dewey will show up next but, rumor has it that he has a dog bed and water dish at the APIDA Center. He highly recommends the Center as there's always something going on there. Come visit us!

Upcoming APIDA Center Events

Culturally-Informed Yoga with Vicool

Location: APIDA Center

Date: Monday, March 25 from 5-6pm

Vicool Vinodchandra Patel (they/them), the child of immigrants from India and the Philippines, aims to be of service to queer and BIPOC communities by offering authentic yoga and mindfulness practices. Learn about how yoga has been colonized and culturally appropriated and how we can practice mindful and culturally-informed yoga. Join us for a breathwork workshop.

Cultural Craft Night: Watercolor with us!

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Holi Festival Dinner at The Garden

Location: The Garden

Date: Monday, March 25 from 4-8pm

In partnership with SDSU Dining, we are hosting a Holi Festival dinner at The Garden. Menu items include saffron rice, tandoori-style oven roasted chicken, vegetable jalfrezi, toasted garlic butter naan, and gulab jamun.

Book Talk & Lecture: Dr. Alfred P. Flores

Location: Zoom

Date: Wednesday, March 27 from 4-5pm

Dr. Alfred P. Flores is an assistant professor of Asian American Studies at Harvey Mudd College. He will discuss his new book, *Tip of the Spear: Land, Labor, and US Settler Militarism in Guahan, 1944-1962* (Cornell University Press) in which he uses a working-class labor analysis to examine the militarization of Guam.

SEA Festival

Location: Student Union Courtyard

Date: Monday, April 8 from 4-8pm

We will be hosting a festival on April 8th from 4-8pm in the Student Union Courtyard. In addition, we will be hosting a variety of speaker events and workshops throughout that week culminating in our dragon boat race on Sunday, April 14. Standby for more info,

Dragon Boat Race

Location: Tecolote Shores

Date: Sunday, April 14 from 9-2pm

We will be racing a dragon boat. Come cheer on our team and enjoy a day in the sun with us!

A Trip to Seattle, Washington: AAAS Conference + Seattle Historic Sites

Trip Dates: April 24-28

We will be attending the Association for Asian American Studies conference and visiting historic sites like the Wing Luke Museum, Seattle Chinatown, and more!

Read with APIDA!

Location: APIDA Center

Date: Monday, April 29 from 12-1pm

Be a part of our community reading initiative. As we wait for the 2024 One Book One San Diego book selections, let's read the 2023 books. Come to the APIDA Center and take free books. Then, join our Book Club meeting. Food will be provided!

Student-Led Workshops & Student-Created Social Media Campaigns

APIDA Center is hosting Student-Led Workshops and Student-Created Social Media Campaigns. This is a great opportunity to share your passion with others. It's also an opportunity to learn how to plan an event or prepare a campaign with our support. We are interested in any and all APIDA-related topics! If you are interested, email Dr. Loh-Hagan at vloh-hagan@sdsu.edu.

Happy Hours at the APIDA Center

The APIDA Center is hosting "Happy Hours" on Mondays through Thursday from 6-8pm. Craft with us on Mondays. Make music with us on Tuesdays. Watch TV with us on Wednesdays. Play games with us on Thursdays. Open to all while supplies last and while space is available. Most nights will be unstructured. However, there will be times when we host specific activities and when we need to cancel in order to support another program.

MONDAYS
from 6-8pm

CRAFT
NIGHT

TUESDAYS
from 6-8pm

MUSIC
NIGHT

WEDNESDAYS
from 6-8pm

TV
NIGHT

THURSDAYS
from 6-8pm

GAME
NIGHT

Opportunities & Events

APIDA Student Organizations:

- [Sanskriti](#) is hosting [Holi](#) on March 23 from 12:30-5:00pm at Clay Neighborhood Park.
- [KASA](#) is hosting [KCN New Beginnings](#) on March 23 from 6-8pm at the Student Union Courtyard.
- [HSA](#) is hosting a [Beach Bonfire](#) on March 24 at 6:30pm at Pacific Beach.
- [PISA](#) is hosting [Pasifika Night](#) on March 26 from 4-9pm at the Student Union Courtyard.

Cultural Center Partners:

- The [Women's Resource Center](#) is hosting [Malaka Gharib](#) on March 26 from 4-6pm.
- The [Black Resource Center](#) and the [Center for Intercultural Relations](#) are hosting a [Multiethnic Student Support Group](#) on March 26 from 4-5pm.
- [EOPOS](#), the [PRIDE Center](#), and the [Center for Intercultural Relations](#) are hosting [Real Talk: Masculinity and Love](#) on March 27 from 1-2pm.
- The [Bayanihan](#) Employee Resource Group is hosting Hoppy Hour at Eureka on March 28. Faculty and staff only.
- The [Native Resource Center](#) is hosting a [Talking Circle](#) on March 29 from 11-1pm.

Campus Partners:

- The [Glazer Center for Leadership and Service](#) is hosting [Launch Into Leadership: Beach Clean Up!](#) on March 23 from 12-2pm at Ocean Beach.
- The SDSU Public Health Career Fair is on March 25 from 12-2pm at Templo Mayor. Register on [Handshake](#).
- Struggling with basic needs? Need resources? Connect with [Economic Crisis Response Team](#).

Community Partners:

- [CHE'LU](#) is hosting its [12th Annual Chamorro Cultural Festival](#) on March 23 from 10-6pm at Oceanside Pier.
- The [San Diego Chinese Historical Museum](#) is hosting San Diego Storytellers' "Tales of Fish and Fishing" on March 23 from 1-2pm.
- [QAPIMEDA](#) is hosting a social on March 28 from 6:30-8:30pm at Lia's Lumpia.
- The Asian American Education Project offers free APIDA resources on their [website](#) and [Instagram](#).

Do you have an opportunity to share?
Email us at apida@sdsu.edu.

Paid Internships & Scholarships

Paid Internships:

- **NEW!** The City of San Diego is seeking two interns for their [Business and Finance Sector: Finance Internship](#). Apply by May 1.
- [Olami Public Relations and Social Media Internship](#) is seeking interns. Apply on Handshake by May 6.
- **NEW!** The City of San Diego is seeking two interns for their [Energy, Environment, and Utilities Sector: Marine Biology Internship](#). Apply by May 20

Scholarships:

- The [Equal Opportunity Scholarship](#) is awarding two students \$500. Apply by March 30.
- The [Chinese American Medical Society scholarship](#) is awarding \$5000 to Medical and Dental School students. Apply by March 31.
- The [Bright Minds Scholarship](#) is awarding \$5,000 to one student pursuing a career in technology. Apply by March 31.
- The [\\$2000 Sallie Mae Scholarship](#) is open to a student currently enrolled in college. Apply by March 31.
- The [Davis-Putter Scholarship](#) is awarding up to \$15,000 per year to active and emerging organizers. Apply by April 1.
- The [Fearless Trailblazer Scholarship](#) is awarding \$300 to a first-generation female student. Apply by April 1.
- The [LMJ Scholarship](#) is awarding \$10,000 to students for their first year of law school. Women and diverse students accepted to an ABA-accredited law school may apply by April 14.
- The [Mama Verang & Lola Remi Scholarship Fund](#) is awarding three \$1,000 scholarships. Filipinx college students in California may apply by April 17.
- The [Redefining Victory Scholarship](#) is awarding four students \$2,500. Apply by April 27.
- The [Across Cultures: Expand Your Horizons Scholarship](#) is awarding \$1,000 to a student open to learning about other cultures. Apply by April 28.
- The [Sandstone Care Scholarship](#) is awarding \$5000 to an undergraduate or graduate student in recovery. Apply by May 1.
- The [Jennifer Gephart Memorial Working Mothers Scholarship](#) is awarding \$3,025 to a mother pursuing higher education. Apply by May 10.
- The [Hicks Scholarship Award](#) is awarding \$2,000 to a student impacted by cancer. Apply by May 15.
- **NEW!** The [Leon Bradley Scholarship Program](#) is awarding \$3,500 to students of color entering the field of teaching and school leadership.
- The [Concrete Rose Scholarship](#) is awarding two \$1,150 scholarships. BIPOC women with a minimum 2.0 GPA are eligible to apply. Apply by May 24.
- **NEW!** The [AIAS Foundation Scholarship](#) is awarding \$2,500 to students pursuing a career in game development. Apply by May 31.